



**THE BEEFY BOYS LTD ALLERGEN CHART**  
**SHREWSBURY + CHELTENHAM + BATH**



## **ALLERGEN DISCLAIMER**

Here at The Beefy Boys we want all of our guests to enjoy the food and the experience, therefore we take allergies and training our team very seriously.

We have designated trained Allergen Supervisors who will be happy to look after you during your meal.

We welcome guests with allergies and dietary restrictions so If you have an allergy or are ordering for someone with an allergy please let us know and one of our Allergen Supervisors will talk you through the options and take the order.

Our Allergen Supervisors, front of house team and our kitchen guys will do their absolute best to cater for your allergy but please be aware that everything is prepared in an environment where allergens are heavily present, so unfortunately we can never 100% guarantee that there has been no cross contamination.

As well as talking to one of our Allergen Supervisors please take the time to read through our allergen matrix before making your choices, even if you have eaten with us many times before as ingredients and suppliers may have changed.



## **COELIACS DISEASE / GLUTEN ALLERGIES**

We do offer a gluten free bun option which can be swapped onto most burger options, but unfortunately, we can never 100% guarantee that there has been no cross contamination. This is due to all the food being prepared in an environment where gluten is heavily present. Gluten is highly present in our buns, mac/mozz patties, mac balls, chicken strips, HPA nacho sauce, beef chilli, beanie patty, ninja sauce, butty bach sauce, peppercorn sauce and brownies along with other items on the menu. Please let your server know whether you have an intolerance or coeliacs disease.

## **DAIRY ALLERGY**

We do offer a dairy free bun option and vegan cheese. But, unfortunately, we can never 100% guarantee that there has been no cross contamination. This is due to all the food being prepared in an environment where dairy products are present. Dairy is present in our buns, cheese, mac/moz patties, mac balls, chicken strips, HPA nacho sauce, ice cream, milkshakes, and brownies along with other items on the menu.



## **NUT/PEANUT ALLERGY**

Please note that that nuts and peanuts are present in our kitchens. The PBJ Boy contains chipotle peanut butter. The Beanie Boy contains cashews. Our Beanie Patty is cooked in the same fryer as our mac patties, mozzarella patties and mac and cheese balls. However, our other sides (fries, chicken strips) are cooked in a different fryer. Please be aware that our Dirty Mayo contains sriracha which has traces of nuts and peanuts. In terms of our puddings, we do not recommend ordering a milkshake, brownie or sundaes due to cross contamination.

## **GARLIC AND ONIONS**

If you have an onion or garlic allergy, please let your server know directly so they can inform the kitchen as both are heavily present in most of our dishes. They are mostly present in our seasonings, sauces, dressings, marinades, dirty onions and rude green salsa.



The Beefy Boys Allergen Chart – Updated on 28.08.25

SPECIALS	CELERY	GLUTEN	CRUSTACEA NS	EGGS	FISH	LUPIN	MILK	MOLL USC	MUSTAR D	NUTS	PEAN UT	SESA ME SEEDS	SOYA	SULP HUR DIOX IDE
THREE COUNTIES BOY	X	X		X			X		X	X			X	
THREE COUNTIES FRIES	X	X							X					



The Beefy Boys Allergen Chart – Updated on 28.08.25

Classic burgers	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUT	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
BEEFY BOY		GLUTEN- BUN		EGGS BUN/ MAYO			MILK – CHEESE, BUN		MUSTARD - MAYO			TRACES		
AMERICAN BOY	IN KETCHUP	GLUTEN - BUN		EGGS -BUN			MILK – CHEESE, BUN		MUSTARD			TRACES		
CHIPOTLE BOY		GLUTEN – BUN		EGGS BUN/ MAYO			MILK- CHEESE, BUN		IN MAYO			TRACES		
LONELY BOY		GLUTEN - BUN		EGGS BUN	-		MILK – CHEESE, BUN					TRACES		
BLUE BOY		GLUTEN-BUN		EGGS - BUN/ MAYO			CHEESE AND BUN		IN MAYO			TRACES		



The Beefy Boys Allergen Chart – Updated on 28.08.25

Dirty burgers	CELERY	GLUTEN	CRUSTA CEANS	EGGS	FISH	LUPI N	MILK	MO LLU SC	MUSTARD	NUTS	PEANUT	SEASA ME SEEDS	SOYA	SUL PH UR DIO XID E
DIRTY BOY	CELERY – BEEF ONION S	GLUTEN – BUN AND DIRTY MAYO		EGGS – BUN/ MAYO AND DIRTY ONIONS	FISH- DIRTY MAYO		MILK – CHEESE, BUN AND DIRTY ONIONS		MUSTARD – DIRTY MAYO AND ONIONS	TRACE S – DIRTY MAYO AND BUN	TRACES – DIRTY MAYO	TRACE S BUN + DIRTY MAYO	TRACES IN BUN	
OG BOY		GLUTEN – BUN AND DIRTY MAYO		EGGS – BUN/ MAYO	FISH – DIRTY MAYO		MILK – CHEESE, BUN		MUSTARD – DIRTY MAYO	TRACE S – DIRTY MAYO AND BUN	TRACES – DIRTY MAYO	TRACE S BUN +DIRT Y MAYO	TRACES IN BUN	
OKLAHOM A ONION BOY		GLUTEN - BUN		EGGS – BUN/ MAYO			MILK – CHEESE, BUN		MUSTARD – FRIED ON PATTIES	TRACE S IN BUN		TRACE S IN BUN	TRACES IN BUN	
PBJ BOY		GLUTEN – BUN		EGGS – BUN/ MAYO			MILK – CHEESE, PEANUT BUTTER, BUN			NUTS – MAY CONT AIN AND BUN	PEANUT S – PEANUT BUTTER	TRACE S IN BUN	TRACES IN BUN	
CHILLI CHEESE BOY	CELERY - CHILLI	GLUTEN – BUN AND NACHO SAUCE		EGGS – BUN/ MAYO AND IN CHILLI			MILK – CHEESE, BUN, SOUR CREAM/ NACHO		MUSTARD – NACHO AND IN CHILLI	TRACE S IN BUN		TRACE S IN BUN	TRACES IN BUN	



The Beefy Boys Allergen Chart – Updated on 28.08.25

							AND IN CHILLI							
BACON BOY		GLUTEN – BUN		EGGS – BUN/ MAY O			MILK-CHEESE, BUN			TRACE S IN BUN		TRACE S IN BUN	TRACES IN BUN	

Speciality burgers	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPI N	MILK	MOLL USC	MUSTARD	NUTS	PE AN UT	SEASAME SEEDS	SOYA	SULPH UR DIOXI DE
PASTRAMI BOY		GLUTEN – BUN AND DIRTY MAYO		EGGS – BUN/ MAYO	FISH-DIRTY MAYO		MILK – CHEESE, BUN		MUSTARD-PASTRAMI RUB + DIRTY MAYO	TRACE S – DIRTY MAYO	TR AC ES – DIR TY MA YO	SESAME SEEDS- TRACES IN BUN + DIRTY MAYO	TRACE S IN BUN	
GARLIC BUTTER BOY		GLUTEN – BUN		EGGS – BUN/ MAYO			MILK – CHEESE, BUN, BUTTER			TRACE S IN BUN		TRACES IN BUN	TRACE S IN BUN	
PIZZA BOY		GLUTEN – BUN AND MOZZ PATTY		EGGS – BUN, PEPPER ONI MAY CONTAIN			MILK-CHEESE, MOZ PATTY, BUN, MARINARA, PEPPER		MUSTARD – GARLIC AND HERB DIP	TRACE S MOZZ PATTY		TRACES IN BUN	TRACE S IN BUN	





The Beefy Boys Allergen Chart – Updated on 28.08.25

							MILK – CHEESE,							
							ONI MAY CONTAIN							
MACARONI BOY		GLUTEN – BUN AND MAC PATTY		EGGS – BUN AND MAC PATTY			MILK- CHEESE, BUN, MAC PATTY		MUSTARD – CHIPOTLE KETCHUP, NACHO, MAC PATTY	TRACE S MAC PATTY		TRACES IN BUN		CHIPOTLE KETCH UP
JURASSIC CLASSIC	IN KETCHUP	GLUTEN – BUN		EGGS – BUN/ MAYO/ FRIED EGG			MILK- CHEESE, BUN		MUSTARD – HONEY MUSTARD MAYO			TRACES IN BUN		
RUDE BOY		GLUTEN – BUN AND POPPER		EGGS – BUN			MILK- CHEESE, BUN, POPPER					TRACES IN BUN		
HELL BOY 2.0		GLUTEN – BUN		EGGS – BUN			MILK- CHEESE AND BUN					TRACES IN BUN		



The Beefy Boys Allergen Chart – Updated on 28.08.25

Patty Options	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME SEEDS	SOY A	SULPHUR DIOXIDE
THICK PATTY														
SMASH PATTY														
OKLAHOMA ONION PATTY														
CALI STYLE									MUSTARD – MUSTARD FRIED PATTY					

Chicken burgers	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
CHICKEN BOY		GLUTEN – BUN, CHICKEN STRIPS		EGGS – BUN/ MAYO			MILK-CHEESE, BUN		IN MAYO			TRACES IN BUN		
NASHVILLE HOT CHICKEN BOY		GLUTEN – BUN, CHICKEN STRIPS		EGGS – BUN/ SLAW/ MAYO			MILK-CHEESE, BUN					TRACES IN BUN		



The Beefy Boys Allergen Chart – Updated on 28.08.25

DIRTY CLUCKER		GLUTEN – BUN, CHICKEN STRIPS DIRTY MAYO		EGGS – BUN/ MAY O	FISH-DIRT Y MAY O		MILK-CHEESE, BUN		MUSTARD – DIRTY MAYO	TRACES – DIRTY MAYO AND IN BUN	TRACES – DIRTY MAYO	TRACES IN BUN + DIRTY MAYO		
BUFFALO CHICKEN BOY		GLUTEN – BUN, CHICKEN STRIPS		EGGS – BUN/ MAY O			MILK-BLUE CHEESE MAYO/ BUFFALO, BUN		MUSTARD	TRACES IN BUN		TRACES IN BUN		

Chicken	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LU PIN	MILK	MOLL USC	MUSTARD	NUT S	PEANUT	SESA ME SEEDS	SOY A	SULPHU R DIOXIDE
CHICKEN BREAST														
CHICKEN STRIPS		GLUTEN					MILK							



The Beefy Boys Allergen Chart – Updated on 28.08.25

Veggie burgers	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME	SOY	SULPHUR DIOXIDE
BEANIE BOY		GLUTEN – BUN AND BEANIE PATTY		EGGS – BUN, MAYO, BEANIE PATTY			MILK-CHEESE, BUN AND FETA IN PATTY, BUN		MUSTARD - BEANIE PATTY + CHIPOTLE MAYO	NUTS – CASHEWS IN BEANIE PATTY		TRACES IN BUN		
LEAFY BOY		GLUTEN – BUN		EGGS – BUN/MAYO			MILK-CHEESE, BUN		MUSTARD – SPECIAL SAUCE			TRACES IN BUN		
MAC PATTY BOY		GLUTEN – BUN AND MAC PATTY		EGGS – BUN AND MAC PATTY			MILK-MAC PATTY, BUN		MUSTARD –CHIPOTLE KETCHUP, NACHO, MAC PATTY	TRACES MAC PATTY		TRACES IN BUN		CHIPOTLE KETCHUP
BEEF FREE BOY (vegan)		GLUTEN – PATTY AND BUN					*PLEASE READ BELOW		MUSTARD - MAYO	TRACES MAYO	TRACES MAYO	TRACES MAYO AND IN BUN	SOYA – VEGAN PATTY, BUN	

\*Allergy Advice: Our vegan cheese is produced in a factory that also handles milk. This product is prepared to a vegan recipe and is vegan certified.

However, strict controls are in place to prevent cross contamination.



The Beefy Boys Allergen Chart – Updated on 28.08.25

Buns	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME SEEDS	SOY A	SULPHUR DIOXIDE
ALTERNATIVE BUN				EGGS – EGG WHITE										
P COOK BUN		GLUTEN		EGGS			MILK					TRACES		
P COOK KIDS BUNS		GLUTEN		EGGS			MILK					TRACES		
HOBBS VEGAN BUN		GLUTEN											SOYA	

MAC BALLS	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUT	SEASAME SEEDS	SOY A	SULPHUR DIOXIDE
MAC & CHEESE BALLS		GLUTEN – PANKO BREADCRUMBS / BACON BITS		EGGS – PASTA			MILK - CHEESE		MUSTARD – CHIP KETCHUP, MAC BALL	TRACES NUTS				CHIPOTLE KETCHUP



The Beefy Boys Allergen Chart – Updated on 28.08.25

STRIPS	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
PLAIN		GLUTEN - STRIP		EGG - DIP			MILK - STRIP		MUSTARD - HONEY MUSTARD DIP					
NINJA STRIPS		GLUTEN - STRIP / NINJA					MILK - STRIP					SESAME SEEDS-GARNISH	SOYA - NINJA	
BBQ + RANCH	CELERY - BBQ SAUCE	GLUTEN - STRIP / BBQ		EGG - RANCH			MILK - STRIP / RANCH		MUSTARD			SESAME SEEDS-GARNISH	SOYA - BUTTY	
BUFFALO + BLUE	CELERY - GARNISH	GLUTEN - STRIP		EGG - MAYO			MILK - STRIP / MAYO		MUSTARD					
NASHVILLE		GLUTEN - STRIP		EGG - MAYO			MILK - STRIP / MAYO							
GARLIC PARMESAN		GLUTEN - STRIP		EGG - MAYO			MILK - STRIP		GARLIC MAYO					



The Beefy Boys Allergen Chart – Updated on 28.08.25

WINGS	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
PLAIN		GLUTEN - WINGS		EGG - DIP			MILK - STRIP		MUSTARD - HONEY MUSTARD DIP					
NINJA	CELERY - NINJA	GLUTEN - WINGS					MILK - STRIP					SESAME SEEDS-GARNISH	SOYA - NINJA	
BBQ + RANCH	CELERY - BBQ SAUCE	GLUTEN - WINGS		EGG - RANCH			MILK - STRIP / RANCH		MUSTARD			SESAME SEEDS-GARNISH	SOYA - BUTTY	
BUFFALO + BLUE	CELERY - GARNISH	GLUTEN - WINGS		EGG - MAYO			MILK - STRIP / MAYO		MUSTARD					
NASHVILLE		GLUTEN - WINGS		EGG - MAYO			MILK - STRIP / MAYO							
GARLIC PARMESAN		GLUTEN - WINGS		EGG - MAYO			MILK - STRIP		MUSTARD-GARLIC MAYO					



The Beefy Boys Allergen Chart – Updated on 28.08.25

Fries	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LU PIN	MILK	MOLL USC	MUSTARD	NUT S	PEANUT	SEASA ME SEEDS	SOYA	SULPH UR DIOXI DE
PLAIN FRIES														
MILLIONAI RE FRIES				EGGS – CHIP MAYO			MILK – MAYO AND PARMES AN		MUSTARD – CHIPOTLE MAYO					
BACON FRIES		GLUTEN – BACON BITS		EGGS - BACON AISE			TRACES – BACON BITS							
CHILLI CHEESE FRIES	CELERY - CHILLI	GLUTEN – HPA NACHO SAUCE					MILK – CHEESE + SOUR CREAM		MUSTARD – MUSTARD, NACHO					
POUTINE FRIES	CELERY - GRAVY	GLUTEN – GRAVY		TRACES			MILK – CHEESE AND GRAVY							
PASTRAMI FRIES		GLUTEN - DIRTY MAYO		EGGS - MAYO	FISH- DIRT Y MAY O		MILK - CHEESE		MUSTARD – PASTRAMI + MAYO	TRAC ES – DIRT Y MAY O	TRACES – DIRTY MAYO	TRACE S – DIRTY MAYO		





The Beefy Boys Allergen Chart – Updated on 28.08.25

CHICKEN KYIV FRIES		GLUTEN - STRIPS		EGGS - MAYO			MILK – CHEESE, STRIPS		MUSTARD					
Salads	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LU PIN	MILK	MOLL USC	MUSTARD	NUT S	PEANUT	SESA ME SEEDS	SOYA	SULP HUR DIOX IDE
SIDE SALAD				EGGS - CHIP MAYO DRESSI NG			MILK – CHIP MAYO DRESSIN G		MUSTARD – CIDER VINEGAR DRESSING					
MAPLE MUSTARD SLAW				EGG - MAYO					MUSTARD - SLAW					
RANCH SALAD		TRACES- BACON BITS		EGG - RANC H			MILK – PARM RANCH		MUSTARD					
CHEESE BURGER SALAD		GLUTEN – DIRTY MAYO		EGGS - MAYO	FISH- WORC ESTER SHIRE SAUCE (MA YO)		MILK – CHEESE TRACES – BACON BITS		MUSTARD	TRAC ES – DIRT Y MAY O	TRACES – DIRTY MAYO	TRACE S – DIRTY MAYO		



The Beefy Boys Allergen Chart – Updated on 28.08.25

Extras/ Add ons	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUS C	MUSTARD	NUT S	PEANUT	SEASA ME SEEDS	SOY A	SULPHU R DIOXIDE
AMERICAN CHEESE							MILK							
SWISS CHEESE							MILK							
JACK CHEESE							MILK							
BLUE CHEESE							MILK							
GHERKINS														
EGG				EGGS										
MUSHROOM														
BACON														
PICKED JALAPENO														
MOZZARELLA PATTY		GLUTEN - PANKO BREAD CRUMBS		EGGS - PASTA			MILK - CHEESE			TRACES				
MAC & CHEESE PATTY		GLUTEN - PANKO BREAD CRUMBS		EGGS - PASTA			MILK - CHEESE		MUSTARD - IN PATTY	TRACES				
CHEESE SKIRT							MILK							



The Beefy Boys Allergen Chart – Updated on 28.08.25

Extra Sauces	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LU PIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME SEEDS	SOY A	SULPHUR DIOXIDE
CHIPOTLE MAYO				EGGS - MAYO					MUSTARD					
DIRTY MAYO		GLUTEN		EGGS	FISH				MUSTARD	TRACES – DIRTY MAYO	TRACES – DIRTY MAYO	SESAME SEEDS – TRACES		
BACONASIE				EGGS MAYO										
BLUE CHEESE MAYO				EGGS MAYO			MILK - CHEESE		MUSTARD					
SPECIAL SAUCE				EGGS MAYO					MUSTARD					
CHIPOTLE KETCHUP														SULPHUR DIOXIDE
HONEY MUSTARD MAYO				EGG					MUSTARD					
GARLIC HERB MAYO				EGG					MUSTARD					
MARINARA							MILK							
BUTTY BACH BBQ	CELERY	GLUTEN											SOYA	
HELL BOY														
RANCH							MILK		MUSTARD					



The Beefy Boys Allergen Chart – Updated on 28.08.25

SRIRACHA										TRACES	TRACES	TRACES		
HPA NACHO SAUCE		GLUTEN					MILK		MUSTARD					
GRAVY POT	CELERY	GLUTEN		MAY CONTAIN			MILK AND BUTTER							
BACON JAM														
NINJA SAUCE	CELERY	GLUTEN											SOYA	
KETCHUP	X													
PLAIN MAYO				X					X					

**KIDS MENU ALLERGENS**

Kids burgers	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME	SOYA	SULPHUR DIOXIDE
KIDS BEEF BURGER		X		X			X					TRACES		
KIDS CHICKEN BREAST BURGER		X		X			X					TRACES		
KIDS CHICKEN TENDER BURGER		X		X			X					TRACES		



The Beefy Boys Allergen Chart – Updated on 28.08.25

KIDS MACARONI BURGER		X		X			X		X	TRACE S		TRACES	TRAC ES	
ADD SPECIAL SAUCE				X					X					
ADD CHEESE							X							
PLAIN FRIES														
MAKE BACON FRIES		X		X										
MAKE MILLIONA IRE FRIES				X			X		X					
MAPLE MUSTAR D SLAW				X					X					

PUDDING AND MENU ALLERGENS



The Beefy Boys Allergen Chart – Updated on 28.08.25

Puddings	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUT	SESAME SEEDS	SOY	SULPHUR DIOXIDE
SALTED CARAMEL BROWNIE		GLUTEN		EGGS			MILK			TRACES	TRACES	TRACES	SOYA	TRACES
TRIPLE CHOCOLATE BROWNIE		GLUTEN		EGGS			MILK			TRACES	TRACES	TRACES	SOYA	
CHOCOLATE SUNDAE		GLUTEN - BROWNIE		EGGS - BROWNIE			MILK – ICE CREAM, BROWNIE			TRACES - BROWNIE	TRACES – BROWNIE	TRACES - BROWNIE	SOYA - BROWNIE	
BISCOFF SUNDAE		GLUTEN – SAUCE, BISCUIT					MILK – ICE CREAM						SOYA - BISCOFF	
STRAWBERRY SUNDAE				EGGS - MERINGUE			MILK – ICE CREAM							
SALTED CARAMEL SUNDAE		GLUTEN – CHOCOLATE, BROWNIE		EGG – BROWNIE			MILK – ICE CREAM. BROWNIE			NUTS – TREE NUT TRACES	PEANUT – MAY CONTAIN	TRACES – BROWNIES	SOYA - BROWNIE	

MILKSHAKES



The Beefy Boys Allergen Chart – Updated on 28.08.25

Milkshakes	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUT	SESAME SEEDS	SOY	SULPHUR DIOXIDE
STRAWBERRY SOFTSHAKE							MILK – ICE CREAM							
STRAWBERRY HARDSHAKE							MILK – ICE CREAM AND CREAM							
VANILLA SOFTSHAKE							MILK – ICE CREAM							
VANILLA HARDSHAKE							MILK – ICE CREAM AND CREAM							
CHOCOLATE SOFTSHAKE							MILK – ICE CREAM							
CHOCOLATE HARDSHAKE							MILK – ICE CREAM AND CREAM							
BANANA SOFTSHAKE							MILK – ICE CREAM							



The Beefy Boys Allergen Chart – Updated on 28.08.25

BANANA HARDSHAKE							MILK – ICE CREAM AND CREAM							
BUENO SOFTSHAKE		GLUTEN - CHOCOL ATE					MILK – ICE CREAM			NUTS – HAZELN UT			SOYA - BUE NOS	
BUENO HARDSHAKE		GLUTEN - CHOCOL ATE					MILK – ICE CREAM AND CREAM			NUTS - HAZELN UT			SOYA - BUE NO	
BISCOFF SOFTSHAKE		GLUTEN - BISCUIT					MILK – ICE CREAM						SOYA - BISC OFF	
BISCOFF HARDSHAKE		GLUTEN - BISCUIT					MILK – ICE CREAM AND CREAM						SOYA - BISC OFF	
COOKIE SOFTSHAKE		GLUTEN - BISCUIT					MILK – ICE CREAM			NUTS TRACES			SOYA - OER O	
COOKIE HARDSHAKE		GLUTEN - BISCUIT					MILK – ICE CREAM AND CREAM			NUT TRACES			SOYA - ORE O	





The Beefy Boys Allergen Chart – Updated on 28.08.25

TONYS SOFTSHAKE		GLUTEN - CHOCOL ATE		TRACE S			MILK – ICE CREAM			NUTS – TREE NUT TRACES	NUT TRACES			
TONYS HARDSHAK E		GLUTEN - CHOCOL ATE		TRACE S			MILK – ICE CREAM AND CREAM			NUTS – TREE NUT TRACES	NUT TRACES			

**BREAKFAST MENU**

Breakfast Menu	CELERY	GLUTEN	CRUST ACEA NS	EGGS	FISH	LU PIN	MILK	MOLL USC	MUSTA RD	NUTS	PEANUT	SESAME SEEDS	SOYA	SULP HUR DIOX IDE
THE BREKKIE BOY		GLUTEN – MUFFIN AND DIRTY MAYO		EGGS – EGG AND DIRTY MAYO	TRACES DIRTY MAYO		MILK – CHEESE AND MUFFIN		DIRTY MAYO	TRACES DIRTY MAYO	TRACES DIRTY MAYO	TRACES DIRTY MAYO		
VEGGIE BREAKFAST		GLUTEN - TOAST		EGG - EGG			HALLOUMI AND BUTTER ON TOAST			NUTS - PECANS				
BACON AND MAPLE PANCAKES		GLUTEN - PANCAK ES		EGG - PANCAKE S			MILK – PANCAKES			NUTS – PECANS				



The Beefy Boys Allergen Chart – Updated on 28.08.25

FULL ENGLISH		GLUTEN - SAUSAGE AND TOAST AND BLACK PUD		EGG - EGG			MILK – BUTTER ON TOAST							
STEAK AND EGGS		GLUTEN – HOT SAUCE (GREEN AND RED)		EGG - EGG			MILK – BUTTER ON STEAK							

Steak Day	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUT	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
COW BOY (NO SIDE SAUCE)		GLUTEN – BUN, SHALLOTS		EGGS – BUN/ MAYO			MILK – CHEESE, BUN, BUTTER ON STEAK		MUSTARD IN MAYO			TRACES IN BUN		
STEAK FRIES (NO SAUCE)		SHALLOTS					MILK – BUTTER ON STEAK							



The Beefy Boys Allergen Chart – Updated on 28.08.25

PEPPERCO RN SAUCE	X	GLUTEN		MAY CON TAIN			MILK – BUTTER AND CREAM AND BOUILLI ON		MUST ARD					SULP HUR DIOX IDE
RED CHIMMIC HURRI														
GREEN CHIMMIC HURRI														
<b>Christmas Special</b>	<b>CELERY</b>	<b>GLUTEN</b>	<b>CRUSTACEA NS</b>	<b>EGGS</b>	<b>FISH</b>	<b>LUPIN</b>	<b>MILK</b>	<b>MOLL USC</b>	<b>MUST ARD</b>	<b>NUTS</b>	<b>PEANUT</b>	<b>SESA ME SEEDS</b>	<b>SOYA</b>	<b>SULP HUR DIOX IDE</b>
CHRISTMA S BOY	CELERY – TURKEY AND GRAVY	GLUTEN – BUN, BUBBLE SQUEAK STUFFING TURKEY MOIST MAKER		EGGS – BUN/ MAY O AND GRA VY			MILK – CHEESE, BUN, BUBBLE SQUEAK , GRAVY AND STUFFIN G		MUST ARD IN MAYO	NUTS – PISTACHI O + CHESTNU T IN STUFFING		TRACE S	TRACES IN STUFFIN G PATTY	
FESTIVE FRIES	CELERY – TURKEY	GLUTEN – BUN,		GRA VY			BUTTER AND MILK IN			NUTS – PISTACHI O +			TRACES IN	



The Beefy Boys Allergen Chart – Updated on 28.08.25

	AND GRAVY	STUFFING TURKEY					GRAVY AND STUFFING			CHESTNUT IN STUFFING			STUFFING	
YULE LOG		GLUTEN		EGG			MILK			TRACES			SOYA	
JAMMY DODGER SHAKE		GLUTEN		EGG			MILK			ALMONDS				SULPHITES
BAILEYS SHAKE							MILK						SOYA	
MOCHA MARTINI							MILK							
FESTIVE FIZZ														

**MERCH ALLERGENS**

Bottles of Sauce / Seasoning	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
HELL BOY SAUCE														
NINJA SAUCE	CELERY	GLUTEN											SOYA	
RED ONE SAUCE		GLUTEN												
GREEN ONE SAUCE		GLUTEN												



The Beefy Boys Allergen Chart – Updated on 28.08.25

BUTTY BBQ SAUCE	CELERY	GLUTEN											SOYA	
BURGER SEASONIN G														

**DIY BOX ALLERGENS**

DIY Kit	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
PLAIN MAYO				EGGS – MAYO					MUSTARD IN MAYO					
BACONAISE				EGGS – MAYO										
CHIPOTLE MAYO				EGGS – MAYO										
SPECIAL SAUCE				EGGS – MAYO					MUSTARD					
SEASONIN G														
CHEESE							MILK							



The Beefy Boys Allergen Chart – Updated on 28.08.25

GHERKINS									MUSTARD – SEEDS					
BUNS		GLUTEN		EGGS			MILK					SESAME SEEDS		
BACON														
BEEF PATTIES														

Cowboy DIY Kit	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUT S	PEANUT	SESA ME SEEDS	SOY A	SULPHU R DIOXIDE
ROAST TOMATO MAYO				EGGS - MAY O					MUSTARD IN MAYO					
RED CHIMMICHURRI														
FLAT IRON STEAK														
SPECIAL SAUCE				EGGS - MAY O					MUSTARD - MAYO					
SEASONING														
CHEESE							MILK							
GHERKINS														
BUNS		GLUTEN		EGGS			MILK					SESAME SEEDS		



The Beefy Boys Allergen Chart – Updated on 28.08.25

BACON														
BEEF PATTIES														



The Beefy Boys Allergen Chart – Updated on 28.08.25

Ultimate DIY Bad Ass DIY Kit	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOL LUSC	MUSTARD	NUT S	PEANUT	SESA ME SEEDS	SOY A	SULPHU R DIOXIDE
HELL BOY SAUCE														
BACONAI S E				EGGS – MAY O										
CHIPOTLE MAYO				EGGS – MAY O					MUSTARD - MAYO					
SPECIAL SAUCE				EGGS - MAY O					MUSTARD - MAYO					
SEASONIN G														
CHEESE							MILK					SOYA – MAY CONT AIN		
GHERKINS									MUSTARD - PICKLE					
BUNS		GLUTEN		EGGS			MILK					SESAM E SEEDS		
BACON														
BEEF PATTIES														





The Beefy Boys Allergen Chart – Updated on 28.08.25

Pop Up Menu	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPI N	MILK	OLLUS C	MUSTARD	NUT S	PEANUT	SEASA ME SEEDS	SOY A	SULPHU R DIOXIDE
BEEFY BOY		GLUTEN – BUN		EGGS – BUN MAY O			MILK-CHEESE, BUN		MUSTARD - MAYO			SESAM E SEEDS-BUN		
AMERICA N BOY		GLUTEN – BUN		EGGS – BUN			MILK-CHEESE, BUN		MUSTARD			SESAM E SEEDS-BUN		
CHIPOTLE BOY		GLUTEN – BUN		EGGS – BUN/ MAY O			MILK-CHEESE					SESAM E SEEDS-BUN		
LONELY BOY		GLUTEN – BUN		EGGS – BUN			MILK-CHEESE, BUN					SESAM E SEEDS-BUN		
BACON BOY		GLUTEN – BUN		EGGS – BUN/ MAY O			MILK-CHEESE, BUN					SESAM E SEEDS-BUN		
DIRTY BOY	X	GLUTEN – BUN AND DIRTY MAYO		EGGS – BUN MAY O	FISH- WORS CESTE RSHIR E SAUCE		MILK-CHEESE, BUN		MUSTARD - MAYO	TRAC ES – DIRT Y MAY O	TRACES – DIRTY MAYO	SESAM E SEEDS-BUN		



The Beefy Boys Allergen Chart – Updated on 28.08.25

					(MAY O)									
HELL BOY		GLUTEN – BUN		EGGS – BUN			MILK-CHEESE, BUN					SESAME SEEDS-BUN		
BLUE BOY		GLUTEN – BUN		EGGS – BUN/MAYO			MILK-CHEESE, BUN		MUSTARD IN MAYO			SESAME SEEDS-BUN		
LEAFY BOY		GLUTEN – BUN		EGGS – BUN/MAYO			MILK-CHEESE, BUN		MUSTARD – SPECIAL SAUCE			SESAME SEEDS-BUN		
ALTERNATIVE BUN				EGGS										
PLAIN FRIES														
MILLIONAIRE FRIES				EGGS – MAYO			MILK-CHEESE		MUSTARD - CHIP MAYO					
BACON FRIES				EGGS – MAYO										



**DRINKS MENU**

Cocktails	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPI N	MILK	MOLLUSC	MUSTARD	NUT S	PEANUT	SESA ME SEEDS	SOY A	SULPHU R DIOXIDE
BEEFY G+T														
TEQUILA + TING														
COSMOPO LITAN														
MARGARI TA														
MOJITO														
PINA COLADA							MILK							
PORNSTA R MARTINI														SULPHU R DIOXIDE
AMARETT O SOUR														SULPHU R DIOXIDE
NEGRONI														
ESPRESSO MARTINI CLASSIC														
ESPRESSO MARTINI SALTED CARAMEL														
MAPLE OLD FASHIONE D														SULPHU R DIOXIDE



The Beefy Boys Allergen Chart – Updated on 28.08.25

VEGAS MAI TAI														
------------------	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Mocktails	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME SEEDS	SOY A	SULPHUR DIOXIDE
FIVE FRUIT BOOST														
MARY BERRY														

Hereford Red Wine	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME SEEDS	SOY A	SULPHUR DIOXIDE
PARA DOS MALBEC														
DEER POINT MERLOT														

Red Wine	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME SEEDS	SOY A	SULPHUR DIOXIDE
MERLOT CENTRAL MONTE														



The Beefy Boys Allergen Chart – Updated on 28.08.25

MALBEC CLUB DE CAMPO														
----------------------------	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Hereford White Wine	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUT S	PEANUT	SESA ME SEEDS	SOY A	SULPHU R DIOXIDE
SAPURI PINOT GRIGIO INZOLIA														
TIERRA DEL REY SAUVIGN ON BLANC														

White Wine	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUT S	PEANUT	SESA ME SEEDS	SOY A	SULPHU R DIOXIDE
FARFELLA PINOT GRIGIO														
SAUVIGN ON INKOSI														



The Beefy Boys Allergen Chart – Updated on 28.08.25

Rose and Sparkling	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME SEEDS	SOY A	SULPHUR DIOXIDE
PINO GRIGIO ROSE														
CHARELIE ZIN														
MARIA PROSECCO														
DI MARIA PROSECCO SPUMANT E														
PROSECCO FANIGLIA BOTTER D.O.C EXTRA DRY														

Draft Alcohol	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME SEEDS	SOY A	SULPHUR DIOXIDE
1985		GLUTEN – BARLEY/ WHEAT												
VELTINS		GLUTEN												



The Beefy Boys Allergen Chart – Updated on 28.08.25

BEVERTO WN NECKOIL		GLUTEN												
STOWFOR D APPLE														SULPHIT ES
HENRY WESTONS VINTAGE														SULPHIT ES
DEYA		GLUTEN												

Bottles and Cans	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUT S	PEANUT	SESA ME SEEDS	SOY A	SULPHU R DIOXIDE
PERONI		GLUTEN												
BUDVAR NEALKO		GLUTEN - MALT												
PERONI GLUTEN FREE														
HPA		GLUTEN – BARLEY/ WHEAT												
BUTTY BACH		GLUTEN – BARLEY/ WHEAT												



The Beefy Boys Allergen Chart – Updated on 28.08.25

DOROTHY WHOLESO ME STOUT		GLUTEN – BARLEY/ WHEAT												
CAMDEN PALE ALE		GLUTEN – BARLEY/ WHEAT												

Spirits	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUT	SESA ME SEEDS	SOY A	SULPHU R DIOXIDE
FRANGELI CO										NUTS - HAZE LNUT				
MERLYN WELSH CREAM							MILK - CREA M							
COCCHI DI TORINO														SULPHIT ES
TIO PEPE														SULPHIT ES
NIOX DE LA SAINT JEAN APERITIF										NUTS				SULPHIT ES
RELA FORCE														SULPHIT ES





RUBY PORT														
--------------	--	--	--	--	--	--	--	--	--	--	--	--	--	--

**Many distilled spirits are also made with grains but as the allergens are removed during the distillation process, they're considered suitable for those with Coeliac disease or gluten sensitivity. We cannot 100% guarantee no allergens are present in our spirits not listed due to this reason.**

Mixers	CELE RY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUT S	PEANUT	SESA ME SEEDS	SOY A	SULPHU R DIOXIDE
FEVER TREE TONIC														
FEVER TREE LIGHT TONIC														
MEDITERRA NEAN TONIC														
GINGER ALE														
GINGER BEER														
CHERRY SODA														
PINK GRAPEFRUIT SODA														



The Beefy Boys Allergen Chart – Updated on 28.08.25

Draft Soft	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUT S	PEANUT	SESA ME SEEDS	SOY A	SULPHU R DIOXIDE
COCA COLA														
DIET COKE														
COKE ZERO														
LEMONADE														
SUNKIST ORANGE														
VIMTO														
SODA														

Misc Soft	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUT S	PEANUT	SESA ME SEEDS	SOY A	SULPHU R DIOXIDE
ELDERFLOWER PRESSE														
BLACKCURRANT SQUASH														



The Beefy Boys Allergen Chart – Updated on 28.08.25

LIME SQUASH														
MILK							MILK							
FRUIT SHOOT ORANGE														
FRUIT SHOOT BLACKCUR RENT														

<b>Fruit Juices</b>	<b>CELERY</b>	<b>GLUTEN</b>	<b>CRUSTACEANS</b>	<b>EGGS</b>	<b>FISH</b>	<b>LUPIN</b>	<b>MILK</b>	<b>MOLLUSC</b>	<b>MUSTARD</b>	<b>NUT S</b>	<b>PEANUT</b>	<b>SESA ME SEEDS</b>	<b>SOY A</b>	<b>SULPHU R DIOXIDE</b>
ORANGE JUICE														
PINEAPPL E JUICE														
CRANBER RY JUICE														
APPLE JUICE														

<b>Hot Drinks</b>	<b>CELERY</b>	<b>GLUTEN</b>	<b>CRUSTACEANS</b>	<b>EGGS</b>	<b>FISH</b>	<b>LUPIN</b>	<b>MILK</b>	<b>MOLLUSC</b>	<b>MUSTARD</b>	<b>NUT S</b>	<b>PEANUT</b>	<b>SESA ME SEEDS</b>	<b>SOY A</b>	<b>SULPHU R DIOXIDE</b>
AMERICA NO							MILK – ON SIDE							



The Beefy Boys Allergen Chart – Updated on 28.08.25

ESPRESSO														
FLAT WHITE							MILK							
HOT CHOCOLA TE							MILK							
TEA FOR ONE							MILK – ON SIDE							
TEA FOR TWO							MILK – ON SIDE							

