



THE BEEFY BOYS LTD ALLERGEN CHART
EXETER



ALLERGEN DISCLAIMER

Here at The Beefy Boys we want all of our guests to enjoy the food and the experience, therefore we take allergies and training our team very seriously.

We have designated trained Allergen Supervisors who will be happy to look after you during your meal.

We welcome guests with allergies and dietary restrictions so If you have an allergy or are ordering for someone with an allergy please let us know and one of our Allergen Supervisors will talk you through the options and take the order.

Our Allergen Supervisors, front of house team and our kitchen guys will do their absolute best to cater for your allergy but please be aware that everything is prepared in an environment where allergens are heavily present, so unfortunately we can never 100% guarantee that there has been no cross contamination.

As well as talking to one of our Allergen Supervisors please take the time to read through our allergen matrix before making your choices, even if you have eaten with us many times before as ingredients and suppliers may have changed.



COELIACS DISEASE / GLUTEN ALLERGIES

We do offer a gluten free bun option which can be swapped onto most burger options, but unfortunately, we can never 100% guarantee that there has been no cross contamination. This is due to all the food being prepared in an environment where gluten is heavily present. Gluten is highly present in our buns, mac/mozz patties, mac balls, chicken strips, HPA nacho sauce, beef chilli, beanie patty, ninja sauce, butty bach sauce, peppercorn sauce and brownies along with other items on the menu. Please let your server know whether you have an intolerance or coeliacs disease. A NOTE ON VIMTO: There may be a very small amount of gluten which carries through from the barley malt during manufacturing. But, the level is so low that it wouldn't be considered to contain gluten (20 parts per million). So, Original Vimto is classed as gluten-free.

DAIRY ALLERGY

We do offer a dairy free bun option and vegan cheese. But, unfortunately, we can never 100% guarantee that there has been no cross contamination. This is due to all the food being prepared in an environment where dairy products are present. Dairy is present in our buns, cheese, mac/moz patties, mac balls, chicken strips, HPA nacho sauce, ice cream, milkshakes, and brownies along with other items on the menu.



NUT/PEANUT ALLERGY

Please note that that nuts and peanuts are present in our kitchens. The PBJ Boy contains chipotle peanut butter. The Beanie Boy contains cashews. Our Beanie Patty is cooked in the same fryer as our mac patties, mozzarella patties and mac and cheese balls. However, our other sides (fries, chicken strips) are cooked in a different fryer. In terms of our puddings, we do not recommend ordering a milkshake, brownie or sundaes due to cross contamination.

Our Buns are produced in a bakery where nuts and soya are present.

GARLIC AND ONIONS

If you have an onion or garlic allergy, please let your server know directly so they can inform the kitchen as both are heavily present in most of our dishes. They are mostly present in our seasonings, sauces, dressings, marinades, dirty onions and rude green salsa.



The Beefy Boys Allergen Chart – Updated on 27.8.26

Classic burgers	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	DAIRY	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME	SOYA	SULPHUR DIOXIDE
BEEFY BOY		GLUTEN- BUN		EGGS BUN/ MAYO			MILK – CHEESE, BUN		MUSTARD - MAYO				TRACES IN BUN	
AMERICAN BOY	IN KETCHUP	GLUTEN - BUN		EGGS -BUN			MILK – CHEESE, BUN		MUSTARD				TRACES IN BUN	
CHIPOTLE BOY		GLUTEN – BUN		EGGS BUN/ MAYO			MILK- CHEESE, BUN		IN MAYO				TRACES IN BUN	
LONELY BOY		GLUTEN - BUN		EGGS BUN	-		MILK – CHEESE, BUN						TRACES IN BUN	
NY SMASH		X		X	X		X		X				TRACES	
DIRTY BOY		GLUTEN – BUN AND DIRTY MAYO		EGGS – BUN/ MAYO	FISH- DIRTY MAYO		MILK – CHEESE, BUN		MUSTARD – DIRTY MAYO	TRACES – DIRTY MAYO			TRACES – MAYO / BUN	



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Speciality Burgers	CELERY	GLUTEN	CRUSTA CEANS	EGGS	FISH	LUPI N	MILK	MO LLU SC	MUSTARD	NUTS	PEANUT	SESA ME	SOYA	SUL PH UR DIO XID E
JALPAENO BOY		GLUTEN – BUN		EGGS – M/C BUN	FISH- RANC H		MILK – CHEESE, RANCH, M/C BUN		MUSTARD – RANCH	TRACE S – DIRTY MAYO			TRACES – RANCH / BUN	
OG BOY		GLUTEN – BUN AND DIRTY MAYO		EGGS – BUN/ MAYO	FISH – DIRTY MAYO		MILK – CHEESE, BUN		MUSTARD – DIRTY MAYO	TRACE S – DIRTY MAYO			TRACES IN BUN	
OKLAHOM A ONION BOY		GLUTEN - BUN		EGGS – BUN/ MAYO			MILK – CHEESE, BUN		MUSTARD – FRIED ON PATTIES				TRACES IN BUN	
PBJ BOY		GLUTEN – BUN		EGGS – BUN/ MAYO			MILK – CHEESE, PEANUT BUTTER, BUN			NUTS – MAY CONT AIN	PEANUT S – PEANUT BUTTER		TRACES IN BUN	
CHILLI CHEESE BOY	CELERY - CHILLI	GLUTEN – BUN AND NACHO SAUCE		EGGS – BUN AND IN CHILLI			MILK – CHEESE, BUN, RANCH/ NACHO AND IN CHILLI		MUSTARD – NACHO, RANCH AND IN CHILLI				TRACES – M/C RANCH, BUN	



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BACON BOY		GLUTEN – BUN		EGGS – BUN/ MAYO			MILK-CHEESE, BUN						TRACES IN BUN	
BLUE BOY		GLUTEN -BUN		EGGS			CHEESE AND BUN		IN MAYO				TRACES IN BUN	
PASTRAMI BOY		GLUTEN – BUN AND DIRTY MAYO		EGGS – BUN/ MAYO	FISH-DIRTY MAYO		MILK – CHEESE, BUN		MUSTARD-PASTRAMI RUB + DIRTY MAYO	TRACE S			TRACES IN BUN	
GARLIC BUTTER BOY		GLUTEN – BUN		EGGS – BUN/ MAYO			MILK – CHEESE, BUN, BUTTER						TRACES IN BUN	
PIZZA BOY		GLUTEN – BUN AND MOZZ PATTY		EGGS – BUN, PEPPERONI MAY CONTAIN			BUN, MOZZ PATTY, CHEESE		MUSTARD – GARLIC AND HERB DIP	TRACE S MOZZ PATTY			TRACES IN BUN	
MACARONI BOY		GLUTEN – BUN AND MAC PATTY		EGGS – BUN AND MAC PATTY			MILK-CHEESE, BUN, MAC PATTY		MUSTARD – CHIPOTLE KETCHUP, NACHO, MAC PATTY	TRACE S MAC PATTY			TRACES IN BUN	CHI PO TLE KET CH UP



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JURASSIC CLASSIC	IN KETCH UP	GLUTEN – BUN		EGGS – BUN/ MAYO/ FRIED EGG			MILK-CHEESE, BUN		MUSTARD – HONEY MUSTARD MAYO				TRACES IN BUN	
HELL BOY 2.0		GLUTEN – BUN		EGGS – BUN			MILK-CHEESE AND BUN						TRACES IN BUN	

Patty Options	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	DAIR Y	MOLLUSC	MUSTARD	NUT S	PEANUT	SESA ME	SOY A	SULPHU R DIOXIDE
THICK PATTY														
AGED PATTY														
SMASH PATTY														
OKLAHOM A ONION PATTY														
CALI STYLE									MUSTARD – MUSTARD FRIED PATTY					



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Chicken burgers	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	DAIRY	MOLLUSCS	MUSTARD	NUTS	PEANUT	SESAME	SOYA	SULPHUR DIOXIDE
CHICKEN BOY		GLUTEN – BUN, CHICKEN STRIPS		EGGS – BUN/ MAYO			MILK-CHEESE, BUN		IN MAYO				TRACES IN BUN	
NASHVILLE HOT CHICKEN BOY		GLUTEN – BUN, CHICKEN STRIPS		EGGS – BUN/ SLAW/ MAYO			MILK-CHEESE, BUN						TRACES IN BUN	
DIRTY CLUCKER		GLUTEN – BUN, CHICKEN STRIPS DIRTY MAYO		EGGS – BUN/ MAYO	FISH- DIRTY MAYO		MILK-CHEESE, BUN		MUSTARD – DIRTY MAYO				TRACES IN BUN	
BUFFALO CHICKEN BOY		GLUTEN – BUN, CHICKEN STRIPS		EGGS – BUN/ MAYO			MILK-BLUE CHEESE MAYO/ BUFFALO, BUN		MUSTARD				TRACES IN BUN	



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Chicken	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	DAIRY	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME	SOY	SULPHUR DIOXIDE
CHICKEN BREAST														
CHICKEN STRIPS		GLUTEN					MILK							

Veggie burgers	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	DAIRY	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME	SOYA	SULPHUR DIOXIDE
BEANIE BOY		GLUTEN – BUN AND BEANIE PATTY		EGGS – BUN, MAYO, BEANIE PATTY			MILK-CHEESE, BUN AND FETA IN PATTY, BUN		MUSTARD - BEANIE PATTY + CHIPOTLE MAYO	NUTS – CASHEWS IN BEANIE PATTY			TRACE S IN BUN	



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LEAFY BOY		GLUTEN – BUN		EGGS – BUN/ MAYO			MILK- CHEESE, BUN		MUSTARD – SPECIAL SAUCE				TRACE S IN BUN	
MAC PATTY BOY		GLUTEN – BUN AND MAC PATTY		EGGS – BUN AND MAC PATTY			MILK- MAC PATTY, BUN		MUSTARD –CHIPOTLE KETCHUP, NACHO, MAC PATTY	TRACES MAC PATTY			TRACE S IN BUN	CHIPO TLE KETCH UP
BEEF FREE BOY (vegan)		GLUTEN – PATTY AND BUN		*PLEA SE READ BELO W			*PLEASE READ BELOW		MUSTARD - MAYO	TRACES MAYO			SOYA – VEGA N PATTY, M/C BUN	

*Allergy Advice: Our vegan cheese is produced in a factory that also handles milk. This product is prepared to a vegan recipe and is vegan certified. However, strict controls are in place to prevent cross contamination. Our Vegan bun is also prepared in a bakery where eggs and milk are present.

Buns	CELE RY	GLUTEN	CRUS TACE ANS	EGGS	FISH	LUPIN	DAIRY	MOLL USC	MUSTAR D	NUTS	PEANUT	SESA ME	SOYA	SULP HUR DIOX IDE
HOBBS POTATO / SMASH BUN (Vegan)		X		*PLEASE READ ABOVE			*PLEASE READ ABOVE						M/C	



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GLUTEN FREE BUN														
HOBBS BUN		X		X			X			*PLEASE READ ABOVE			TRACES	
HOBBS KIDS BUNS		X		X			X			*PLEASE READ ABOVE			TRACES	

MAC BALLS	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	DAIRY	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME	SOYA	SULPHUR DIOXIDE
MAC & CHEESE BALLS		GLUTEN – PANKO BREADCRUMBS / BACON BITS		EGGS – PASTA			MILK – CHEESE		MUSTARD – CHIP KETCHUP, MAC BALL	TRACES NUTS				CHIPOTLE KETCHUP

STRIPS	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	DAIRY	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME	SOYA	SULPHUR DIOXIDE
PLAIN		GLUTEN - STRIP		EGG - DIP			MILK – STRIP		MUSTARD – HONEY MUSTARD DIP					



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NINJA STRIPS		GLUTEN – STRIP / NINJA					MILK – STRIP					SESAME SEEDS-GARNISH	SOYA - NINJA	
BBQ + RANCH	CELERY – BBQ SAUCE	GLUTEN – STRIP / BBQ		EGG - RANCH			MILK – STRIP / RANCH		MUSTARD			SESAME SEEDS-GARNISH	SOYA - BUTTY	
BUFFALO + BLUE	CELERY - GARNISH	GLUTEN - STRIP		EGG - MAYO			MILK – STRIP / MAYO		MUSTARD					
NASHVILLE		GLUTEN - STRIP		EGG - MAYO			MILK – STRIP / MAYO							
GARLIC PARMESAN		GLUTEN -STRIP		EGG- MAYO			MILK-STRIP		GARLIC MAYO					

WINGS	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	DAIRY	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME	SOYA	SULPHUR DIOXIDE
PLAIN		GLUTEN - WINGS		EGG - DIP			MILK – STRIP		MUSTARD – HONEY MUSTARD DIP					



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NINJA	CELERY - NINJA	GLUTEN - WINGS					MILK - STRIP					SESAM E SEEDS- GARNI SH	SOYA - NINJA	
BBQ + RANCH	CELERY - BBQ SAUCE	GLUTEN - WINGS		EGG - RANC H			MILK - STRIP / RANCH		MUSTARD			SESAM E SEEDS- GARNI SH	SOYA - BUTTY	
BUFFALO + BLUE	CELERY - GARNIS H	GLUTEN - WINGS		EGG - MAYO			MILK - STRIP / MAYO		MUSTARD					
NASHVILL E		GLUTEN - WINGS		EGG - MAYO			MILK - STRIP / MAYO							
GARLIC PARMESA N		GLUTEN -WINGS		EGG- MAYO			MILK- STRIP		MUSTARD- GARLIC MAYO					

Fries	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LU PIN	DAIRY	MOLL USC	MUSTARD	NUT S	PEANUT	SESA ME	SOYA	SULPH UR DIOXI DE
PLAIN FRIES														
MILLIONAI RE FRIES				EGGS - CHIP MAYO			MILK - MAYO AND		MUSTARD - CHIPOTLE MAYO					



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CHICKEN KYIV FRIES		GLUTEN - STRIPS		EGGS - MAYO			MILK – CHEESE, STRIPS		MUSTARD					
							PARMES AN							
BACON FRIES		GLUTEN – BACON BITS		EGGS - BACON AISE			TRACES – BACON BITS							
CHILLI CHEESE FRIES	CELERY - CHILLI	GLUTEN – HPA NACHO SAUCE			FISH - RAN CH		MILK – CHEESE + RANCH		MUSTARD – MUSTARD, RANCH, NACHO				SOYA – M/C RANC H	
POUTINE FRIES	CELERY - GRAVY	GLUTEN – GRAVY		TRACES			MILK – CHEESE AND GRAVY							
PASTRAMI FRIES		GLUTEN - DIRTY MAYO		EGGS - MAYO	FISH- DIRT Y MAY O		MILK - CHEESE		MUSTARD – PASTRAMI + MAYO	TRAC ES – DIRT Y MAY O	TRACES – DIRTY MAYO	TRACE S – DIRTY MAYO		



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Salads	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LU PIN	DAIRY	MOLL USC	MUSTARD	NUT S	PEANUT	SESA ME	SOYA	SULP HUR DIOX IDE
SIDE SALAD				EGGS - CHIP MAYO DRESSI NG			MILK – CHIP MAYO DRESSIN G		MUSTARD – CIDER VINEGAR DRESSING					
MAPLE MUSTARD SLAW				EGG - MAYO					MUSTARD - SLAW					
RANCH SALAD		TRACES- BACON BITS		EGG - RANC H			MILK – PARM RANCH		MUSTARD					
CHEESE BURGER SALAD		GLUTEN – DIRTY MAYO		EGGS - MAYO	FISH- WORC ESTER SHIRE SAUCE (MA YO)		MILK – CHEESE TRACES – BACON BITS		MUSTARD	TRAC ES – DIRT Y MAY O	TRACES – DIRTY MAYO	TRACE S – DIRTY MAYO		

Extras/ Add ons	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	DAIRY	MOLLUS C	MUSTARD	NUT S	PEANUT	SESA ME	SOY A	SULPHU R DIOXIDE
AMERICA N CHEESE							MILK							
SWISS CHEESE							MILK							
JACK CHEESE							MILK							



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BLUE CHEESE							MILK							
GHERKINS														
EGG				EGGS										
MUSHROOM														
BACON														
PICKED JALAPENO														
MOZZARELLA PATTY		GLUTEN - PANKO BREAD CRUMBS		EGGS - PASTA			MILK - CHEESE			TRACES				
MAC & CHEESE PATTY		GLUTEN - PANKO BREAD CRUMBS		EGGS - PASTA			MILK - CHEESE		MUSTARD - IN PATTY	TRACES				
CHEESE SKIRT							MILK							
JALAPENO CHEESE SKIRT							MILK							

Extra Sauces	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LU PIN	DAIRY	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME	SOY A	SULPHUR DIOXIDE
CHIPOTLE MAYO				EGGS - MAYO					MUSTARD					
DIRTY MAYO		GLUTEN		EGGS	FISH				MUSTARD				TRACES	



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BACONASIE				EGGS MAYO										
BLUE CHEESE MAYO				EGGS MAYO			MILK - CHEESE		MUSTARD					
SPECIAL SAUCE				EGGS MAYO					MUSTARD					
CHIPOTLE KETCHUP													SULPHU R DIOXIDE	
HONEY MUSTARD MAYO				EGG					MUSTARD					
GARLIC HERB MAYO				EGG					MUSTARD					
MARINARA							MILK							
BUTTY BACH BBQ	CELER Y	GLUTEN											SOYA	
HELL BOY														
RANCH							MILK		MUSTARD					
SRIRACHA									TRACES				TRAC ES	
HPA NACHO SAUCE		GLUTEN					MILK		MUSTARD					
GRAVY POT	CELER Y	GLUTEN		MAY CONT AIN			MILK AND BUTTER							
BACON JAM														



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JALAPENO RANCH					X		X		X				M/C	
NINJA SAUCE	CELERY	GLUTEN											SOYA	
KETCHUP	X													
PLAIN MAYO				X					X					

KIDS MENU ALLERGENS

Kids burgers	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	DAIRY	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME	SOY A	SULPHUR DIOXIDE
KIDS BEEF BURGER		X		X			X						TRACES	
KIDS CHICKEN BREAST BURGER		X		X			X						TRACES	
KIDS CHICKEN TENDER BURGER		X		X			X						TRACES	
KIDS MACARONI BURGER		X		X			X		X	TRACES			TRACES	



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ADD SPECIAL SAUCE				X					X					
ADD CHEESE							X							
PLAIN FRIES														
MAKE BACON FRIES		X		X										
MAKE MILLIONAIRE FRIES				X			X		X					
MAPLE MUSTARD SLAW				X					X					

PUDDING AND MENU ALLERGENS

Puddings	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	DAIRY	MOLLUSCS	MUSTARD	NUTS	PEANUT	SESAME	SOY	SULPHUR DIOXIDE
SALTED CARAMEL BROWNIE		GLUTEN		EGGS			MILK			TRACES	TRACES	TRACES	SOYA	TRACES
TRIPLE CHOCOLATE BROWNIE		GLUTEN		EGGS			MILK			TRACES	TRACES	TRACES	SOYA	



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CHOCOLATE SUNDAE		GLUTEN - BROWNIE		EGGS - BROWNIE			MILK – ICE CREAM, BROWNIE			TRACES - BROWNIE	TRACES – BROWNIE	TRACES - BROWNIE	SOYA - BROWNIE	
BISCOFF SUNDAE		GLUTEN – SAUCE, BISCUIT					MILK – ICE CREAM						SOYA - BISCOFF	
STRAWBERRY SUNDAE				EGGS - MERINGUE			MILK – ICE CREAM							
SALTED CARAMEL SUNDAE		GLUTEN – CHOCOLATE, BROWNIE		EGG – BROWNIE			MILK – ICE CREAM. BROWNIE			NUTS – TREE NUT TRACES	PEANUT – MAY CONTAIN	TRACES – BROWNIES	SOYA - BROWNIE	

MILKSHAKES

Milkshakes	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	DAIRY	MOLLUSCS	MUSTARD	NUTS	PEANUT	SESAME	SOYA	SULPHUR DIOXIDE
STRAWBERRY SOFTSHAKE		TRACES					MILK – ICE CREAM			TRACES			TRACES	
STRAWBERRY HARDSHAKE		TRACES					MILK – ICE CREAM			TRACES			TRACES	



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							AND CREAM							
VANILLA SOFTSHAKE		TRACES					MILK – ICE CREAM			TRACES			TRAC ES	
VANILLA HARDSHAK E		TRACES					MILK – ICE CREAM AND CREAM			TRACES			TRAC ES	
CHOCOLAT E SOFTSHAKE		TRACES					MILK – ICE CREAM			TRACES			TRAC ES	
CHOCOLAT E HARDSHAK E		TRACES					MILK – ICE CREAM AND CREAM			TRACES			TRAC ES	
BANANA SOFTSHAKE		TRACES					MILK – ICE CREAM			TRACES			TRAC ES	
BANANA HARDSHAK E		TRACES					MILK – ICE CREAM AND CREAM			TRACES			TRAC ES	
BUENO SOFTSHAKE		GLUTEN - CHOCOL ATE					MILK – ICE CREAM			NUTS – HAZELN UT			SOYA - BUE NOS	
BUENO HARDSHAK E		GLUTEN -					MILK – ICE CREAM			NUTS - HAZELN UT			SOYA -	



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		CHOCOLATE					AND CREAM						BUE NO	
BISCOFF SOFTSHAKE		GLUTEN - BISCUIT					MILK – ICE CREAM			TRACES			SOYA – BISCOFF	
BISCOFF HARDSHAKE		GLUTEN - BISCUIT					MILK – ICE CREAM AND CREAM			TRACES			SOYA – BISCOFF	
COOKIE SOFTSHAKE		GLUTEN - BISCUIT					MILK – ICE CREAM			NUTS TRACES			SOYA – OREO	
COOKIE HARDSHAKE		GLUTEN - BISCUIT					MILK – ICE CREAM AND CREAM			NUT TRACES			SOYA – OREO	
MOVIE SHAKE		TRACES					MILK – ICE CREAM			TRACES			TRACES	
BFG SHAKE		TRACES					MILK – ICE CREAM			TRACES			TRACES	



BREAKFAST MENU

Breakfast Menu	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LU PIN	DAIRY	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME	SOYA	SULPHUR DIOXIDE
THE BREKKIE BOY		GLUTEN – MUFFIN AND DIRTY MAYO		EGGS – EGG AND DIRTY MAYO	TRACES DIRTY MAYO		MILK – CHEESE AND MUFFIN		DIRTY MAYO	TRACES DIRTY MAYO	TRACES DIRTY MAYO	TRACES DIRTY MAYO		
VEGGIE BREAKFAST		GLUTEN - TOAST		EGG - EGG			HALLOUMI AND BUTTER ON TOAST			NUTS - PECANS				
BACON AND MAPLE PANCAKES		GLUTEN - PANCAKES		EGG - PANCAKES			MILK – PANCAKES			NUTS – PECANS				
FULL ENGLISH		GLUTEN - SAUSAGE AND TOAST AND BLACK PUD		EGG - EGG			MILK – BUTTER ON TOAST							
STEAK AND EGGS		GLUTEN – HOT SAUCE (GREEN		EGG - EGG			MILK – BUTTER ON STEAK							



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Steak Day	CELERY	GLUTEN	CRUSTACEA NS	EGGS	FISH	LUPIN	DAIRY	MOLL USC	MUST ARD	NUTS	PEANUT	SESA ME	SOYA	SULP HUR DIOX IDE
COW BOY (NO SIDE SAUCE)		GLUTEN – BUN, SHALLOTS		EGGS – BUN/ MAY O			MILK – CHEESE, BUN, BUTTER ON STEAK, SHALLO TS		MUST ARD IN MAYO				TRACES IN BUN	
STEAK FRIES (NO SAUCE)		SHALLOTS					MILK – BUTTER ON STEAK, SHALLO TS							
PEPPERCO RN SAUCE	X	GLUTEN		MAY CON TAIN			MILK – BUTTER AND		MUST ARD					SULP HUR



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							CREAM AND BOUILLI ON							DIOX IDE
BRIT CHURRI									MUST ARD					
GREEN CHIMMIC HURRI														

PLEASE NOTE: OUR SHALLOTS ARE COOKED IN THE SAME FRYER AS CHICKEN PRODUCTS

Christmas Special	CELERY	GLUTEN	CRUSTACEA NS	EGGS	FISH	LUPIN	DAIRY	MOLL USC	MUST ARD	NUTS	PEANUT	SESA ME	SOYA	SULP HUR DIOX IDE
CHRISTMA S BOY	CELERY – TURKEY AND GRAVY	GLUTEN – BUN, BUBBLE SQUEAK STUFFING TURKEY MOIST MAKER		EGGS – BUN/ MAY O AND GRA VY			MILK – CHEESE, BUN, BUBBLE SQUEAK , GRAVY AND STUFFIN G		MUST ARD IN MAYO	NUTS – PISTACHI O + CHESTNU T IN STUFFING			TRACES IN BUN AND STUFFIN G PATTY	
FESTIVE FRIES	CELERY – TURKEY AND GRAVY	GLUTEN – BUN, STUFFING TURKEY		GRA VY			BUTTER AND MILK IN GRAVY AND			NUTS – PISTACHI O + CHESTNU T IN STUFFING			TRACES IN STUFFIN G	



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							STUFFIN G							
YULE LOG		GLUTEN		EGG			MILK			TRACES			SOYA	
JAMMY DODGER SHAKE		GLUTEN		EGG			MILK			ALMOND S				SULP HITE S
BAILEYS SHAKE							MILK						SOYA	
MOCHA MARTINI							MILK							
FESTIVE FIZZ														

MERCH ALLERGENS

Bottles of Sauce / Seasoning	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	DAIR Y	MOLLUSC	MUSTARD	NUT S	PEANUT	SESA ME	SOY A	SULPHU R DIOXIDE
HELL BOY SAUCE														
NINJA SAUCE	CELERY	GLUTEN											SOYA	
RED ONE SAUCE		GLUTEN												
GREEN ONE SAUCE		GLUTEN												



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BUTTY BBQ SAUCE	CELERY	GLUTEN											SOYA	
BURGER SEASONIN G														

DIY BOX ALLERGENS

DIY Kit	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	DAIRY	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME	SOYA	SULPHUR DIOXIDE
PLAIN MAYO				EGGS – MAYO					MUSTARD IN MAYO					
BACONAISE				EGGS – MAYO										
CHIPOTLE MAYO				EGGS – MAYO										
SPECIAL SAUCE				EGGS – MAYO					MUSTARD					
SEASONIN G														
CHEESE							MILK							



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GHERKINS									MUSTARD – SEEDS					
BUNS		GLUTEN		EGGS			MILK			TRACES		TRACE S	TRACES	
BACON														
BEEF PATTIES														

Cowboy DIY Kit	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	DAIRY	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME	SOY A	SULPHUR DIOXIDE
ROAST TOMATO MAYO				EGGS - MAYO					MUSTARD IN MAYO					
RED CHIMMICHURRI														
FLAT IRON STEAK														
SPECIAL SAUCE				EGGS - MAYO					MUSTARD - MAYO					
SEASONING														
CHEESE							MILK							
GHERKINS														
BUNS		GLUTEN		EGGS			MILK			TRACES		TRACE S	TRACES	
BACON														



BEEF PATTIES														
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The Beefy Boys Allergen Chart – Updated on 27.8.26

Ultimate DIY Bad Ass DIY Kit	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	DAIR Y	MOL LUSC	MUSTARD	NUT S	PEANUT	SESA ME	SOY A	SULPHU R DIOXIDE
HELL BOY SAUCE														
BACONAI S				EGGS - MAY O										
CHIPOTLE MAYO				EGGS - MAY O					MUSTARD - MAYO					
SPECIAL SAUCE				EGGS - MAY O					MUSTARD - MAYO					
SEASONIN G														
CHEESE							MILK					SOYA - MAY CONT AIN		
GHERKINS									MUSTARD - PICKLE					
BUNS		GLUTEN		EGGS			MILK			TRAC ES		TRACE S	TRAC ES	
BACON														
BEEF PATTIES														



DRINKS MENU

Cocktails	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPI N	DAIR Y	MOLLUSC	MUSTARD	NUT S	PEANUT	SESA ME	SOY A	SULPHU R DIOXIDE
MANGO PICCANTE														
BEEFY OLD FASHIONE D														
BEEFY BACKYARD PUNCH														
MARGARI TA														
MOJITO														
PINA COLADA							MILK							
PORNSTA R MARTINI														
BEEFY G + T														
ULTIMATE ICED TEA														
ESPRESSO MARTINI														
TWISTED BACKYARD PUNCH														
APEROL SPRITZ														
HUGO SPRITZ														



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SUMMER SPRITZ														
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Mocktails	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME	SOY A	SULPHUR DIOXIDE
FIVE FRUIT BOOST														
MARY BERRY														
MANGO COLADA							X							
NOLOMA														
MINT CONDICTION														

Red Wine	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	DAIRY	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME	SOY A	SULPHUR DIOXIDE
NICE MALBEC														
LOU MAGRET GRENACHE MERLOT														
BARON D'ARIGNAC														



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CABERNET SAUVIGNON														
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White Wine	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUT S	PEANUT	SESA ME SEEDS	SOY A	SULPHU R DIOXIDE
NICE SAUVIGN ON														
I CASTELLI PINO GRIGIO														
JARRAH WOOD CHARDON NAY														

Rose and Sparkling	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUT S	PEANUT	SESA ME SEEDS	SOY A	SULPHU R DIOXIDE
NICE PALE ROSE														
ACQUERO LLO PROSECCO														



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Draft Alcohol	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME SEEDS	SOY A	SULPHUR DIOXIDE
HENRY WESTIONS VINTAGE														SULPHITES
WESTONS DARK BERRY														SULPHITES
HAWKSTONE SESSION		GLUTEN - BARLEY												
HAWSTON E IPA		GLUTEN - BARLEY												
SOMER VALLEY HELLES		GLUTEN												
SOMER VALLEY S.M.A.S.H		GLUTEN												
DEYA		GLUTEN												
FREEDOM BREWERY PILS		GLUTEN												



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Bottles and Cans	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME SEEDS	SOY A	SULPHUR DIOXIDE
CORONA		GLUTEN - BARLEY												
HAWSTON E PREMIUM LAGER		GLUTEN - BARLEY												
TINY REBEL IPA														
HPA		GLUTEN - BARELY												
BROOKLYN SPECIAL EFFECTS		GLUTEN												
BELOW BREW NEIPA		GLUTEN												
BELOW BREW WILD JUICE CHASE		GLUTEN												
POWDERK EG SPEAK EASY		READ BELOW*												
TAP SOCIAL		READ BELOW*												



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MAJOR FIGURES														
TAP SOCIAL HOME AND DRY		GLUTEN												

IMPORTANT MESSAGE ON OUR GLUTEN FREE BEERS:

Despite being brewed with barley or wheat which is a cereal containing gluten. In the brewing process, an enzyme is added to the beer and this enzyme breaks down any gluten in the beer to less than 20ppm, which is the legal requirement in the UK for a gluten free product. Usually our beers are less than 10ppm and often around 5ppm.

Spirits	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME SEEDS	SOY A	SULPHUR DIOXIDE
BUFFALO TRACE														
JACK DANIELS														
WOODFORD RESERVE														
MONKEY SHOULDER														
GIN 77														
BACARDI WHITE														
BACARDI GOLD														



HANDS DARK RUM														
FRIS														
FRIS VANILLA														
ABSOLUT VANILLA														
EL CAPITAN														
EL JIMADOR														
APEROL														
ST GERMAIN														
PAXIAO COCONUT														
PAXIAO PASSIONF RUIT														
COINTREA U														
MARASCH INO LIQUEUR														

Many distilled spirits are also made with grains but as the allergens are removed during the distillation process, they're considered suitable for those with Coeliac disease or gluten sensitivity. We cannot 100% guarantee no allergens are present in our spirits not listed due to this reason.



The Beefy Boys Allergen Chart – Updated on 27.8.26

Mixers	CELE RY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUT S	PEANUT	SESA ME SEEDS	SOY A	SULPHU R DIOXIDE
SWEPPS TONIC														
SWEPPS LIGHT TONIC														
FEVER TREE MEDITERRA NEAN TONIC														
FEVER TREE MEXICAN LIME SODA														

Draft Soft	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUT S	PEANUT	SESA ME SEEDS	SOY A	SULPHU R DIOXIDE
COCA COLA														
DIET COKE														
COCA COLA ZERO														



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LEMONADE														
SUNKIST ORANGE														
VIMTO		*READ BELOW												
DR PEPPER ZERO														
SODA														

***A NOTE ON VIMTO:** There may be a very small amount of gluten which carries through from the barley malt during manufacturing. But, the level is so low that it wouldn't be considered to contain gluten (20 parts per million). So, Original Vimto is classed as gluten-free.

Misc Soft	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME SEEDS	SOY A	SULPHUR DIOXIDE
ELDERFLOWER PRESSE														
CAWSTON RHUBARB CAN														
CAWSTON GINGER BEER														
BLACKCURRENT SQUASH														



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LIME SQUASH														
MILK							MILK							
INNOCENT KIDS JUICY WATER														
MARLISH STILL														
MARLISH SPARKLING														

Fruit Juices	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUT	SESAME SEEDS	SOY A	SULPHUR DIOXIDE
ORANGE JUICE														
PINEAPPLE JUICE														
CRANBERRY JUICE														
APPLE JUICE														



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Hot Drinks	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUT S	PEANUT	SESA ME SEEDS	SOY A	SULPHU R DIOXIDE
AMERICA NO							MILK – ON SIDE							
ESPRESSO														
FLAT WHITE							MILK							
HOT CHOCOLA TE							MILK							
TEA FOR ONE							MILK – ON SIDE							
TEA FOR TWO							MILK – ON SIDE							

